



Backpack Newsflash



A NEWSLETTER FROM THE CB CARES PARENT NETWORK • SPONSORED BY CB ADMINISTRATORS

HAPPY “THANKS BE IN GIVING” MONTH

November’s Boomerang Award Asset #27

Equality and Social Justice.

Young person places a high value on assisting those who may need a helping hand.



This month the Backpack Newsflash would like to share a couple of opportunities with you to help give back this holiday season. Please take a minute to read over this “Thanks Be in Giving” issue.

When your last name is “Cares” you’ve got to walk the walk in Central Bucks.

Doylestown Food Pantry is **LOW!** Last month close to **350** families visited this location. They need your help. If you want to organize a food drive— CB Cares can help. For a complete pantry wish list visit our website www.cb-cares.org



Condiments, spices, trash bags, cleaning and hygiene products ALWAYS needed!

Child, Home & Community

Donations of new or gently used winter pajamas sizes newborn to 4T and diapers are needed this time of year to help teen mothers through the winter season..



SUPPLIES & VOLUNTEERS NEEDED:

FOR OPERATION SANTA

The Marine Corps Family Foundation was created in 2004 when Operation Santa USMC

grew from a small local outreach to a national project. In its 8th year locally, Operation Santa has volunteers and contributors from all over the community come together to support deployed Marines in Iraq and Afghanistan. Interested in showing your support for our men & women fighting for our freedom? Visit cb-cares.org to learn more about the items needed for our troops. Volunteers welcomed to help sort and pack on:

Wednesday, November 16th
Central Bucks East High School
3 pm

LIGHTS, CAMERA, FASHION & FUNDRAISING FOR CB CARES!

CB Cares will be stylin’ with our friends at Annie Sez!

Sunday, November 20th
 From 1—5 pm
 Annie Sez (Doylestown Shp Ctr)

This event is a partnership with Conway Productions Inc, Annie Sez, and Essentials Spa & Salon. Shoppers will receive 20% off of their total purchases and a portion of the proceeds will go directly to CB Cares. The afternoon will feature an informal teen fashion show of current trendy looks from Annie Sez. Registered teens will have their hair & make-up done by the professionals of Essentials and a photo shoot will be conducted by Leslie Conway. For more information visit our website at cb-cares.org





October's Asset of the month was **#15 Positive Peer Influence**. Young person's best friends model responsible behavior. They are a good influence. They do well at school and make good choices. We received 154 nominations throughout the school district. District-wide recipients of the October Boomerang Youth Recognition Award were:

Boomerang Youth Recognition Award

Elementary



Jack Mannas, 6th grade, Barclay Elementary. Throughout Jack's years at Barclay, he has consistently made excellent decisions when it comes to choosing close friends. His friends have common interests, but more importantly have individual interests as well. This makes them a diverse, interesting group and enables each of them to bring their own personal experiences to the friendships. What is particularly wonderful to watch is how they interact with one another—they each have enough confidence in themselves and security in their friendships to have honest discussions with varying opinions. This group of friends has been a platform on which Jack has learned to value good relationships, respect the thoughts, ideals and opinions of others, and feel free to be himself, all without any regard of judging or being judged. I believe that Jack's decisions in choosing this group of friends will have life-long benefits to him, because he has set a standard for himself that will help him in all future relationships.

Middle



Alexander Zipf, 9th grade, Tamanend Middle School. Alex is thoughtful and selective in choosing his peer group. His school friends exhibit responsibility by their commitment to doing well in school, as evidenced by their membership in NJHS and their course schedules. They are active in extra-curricular activities and have motivated Alex by inviting him to participate in community service activities, such as the Relay for Life. He socializes with his friends on the weekend, and always comes home in an upbeat and happy mood. Through friendships and activities in Boy Scouts, the group supports/helps each other achieve their goal of completing their Eagle Scout projects. As Alex does with his friends, in turn these friends have made a commitment toward making Alex the best he can be.

High School



Samantha Evans, 10th grade, CB West. Sami Evans has surrounded herself with wonderful girls who are thoughtful beyond their years and are dedicated students, musicians, and athletes. Additionally, they are nice and respectful and fun. They are family-oriented and have "adopted" each other's younger brothers and participate in many family and charitable events. Significantly, their circle of friends is ever-widening. She is surrounded by peers with good judgment and open heart and mind towards others. As stated by the nominator, "they bring out the best in her."

November's Asset is **#27. Equality and Social Justice**. Young person places a high value on assisting those who may need a helping hand. Equality-equal rights for all people.

NOMINATIONS SHOULD BE SUBMITTED TO YOUR SCHOOL BY FRIDAY, NOVEMBER 25.

Special thanks to our sponsors: The Herald and Outback Steakhouse, Jamison

Positive Coaching Award

CB Cares is proud to announce the newly created CB Cares Positive Coaching Award. This annual award comes from the desire of the Jones family of Chalfont to fund a yearly recognition of a coach exemplifying positive coaching-- putting emphasis on the health and well-being of the child, serving as a positive role model, and having a positive influence in the lives of young people. Specifically, the recipient will be recognized for teaching positive life lessons through sports, providing leadership, and promoting sportsmanship, fair play, motivation and respect. All of these behaviors and values are consistent with the 40 Developmental Assets, and thus the partnership in bringing this Award to our Central Bucks community.

The Jones family has participated in many sports over the past two decades, with 3 children who at different times played soccer, baseball, basketball, lacrosse, cross country, and track and field. Both parents have been actively involved, in the capacity of coach and "behind the scenes." The Jones' family understands the impact of positive coaching in the lives of young athletes, and they feel strongly about putting positive coaching in the spotlight in Central Bucks. They have committed to funding a \$500 award to the selected coach who will also receive a beautiful engraved plaque. The recipient will be honored at a community ceremony in late Spring.

Nominations are now being accepted and will be received through April 30, 2012. For more information, please visit CB Cares' website, cb-cares.org.



YOUTH TO COMMUNITY ARTS PROGRAM

October featured numerous performances around Central Bucks. For more information on our featured artists and Y2C go to our website, www.cb-cares.org.



Jim Bag, Market at DelVal

Assets in Action



Photo courtesy of Doylestown Patch

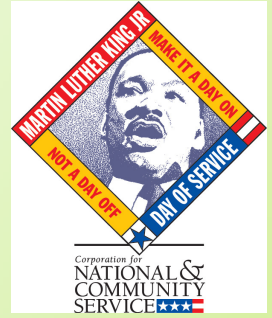


With the help of youth volunteers, the Central Bucks Drug Free Coalition along with **CB Cares** helped raise awareness to the dangers of alcohol and drugs by tying red ribbons in and about Doylestown Borough. Other municipalities and businesses supporting this initiative included Doylestown Township, Central Bucks Y, Delaware Valley College and, of course, **Doylestown Hospital**. State Representative Marguerite Quinn presented the CB Drug Free Coalition with a citation for their on-going efforts in the community to create ATOD prevention and the promotion of Red Ribbon Week.



Above the Influence. It's a state of mind. It's about being yourself and not letting negative influence get to you. Pressure to drink, do drugs or do anything that goes against who you are in order to fit in – that's negative

Martin Luther King Day of Service, January 16, 2012



We have begun planning for our 10th annual Martin Luther King Day of Service, which will take place on Monday, January 16, 2012. Some of our previous project captains have already been in touch with us to let us know that they will once again be organizing one of this year's service projects. If you are involved in your school or with a scout troop or other organization that would like to plan a service project for MLK Day or if you are a nonprofit that has a project that you would like volunteers to help you complete, please be in touch with us and let us know what you have in mind. We would be happy to look for volunteers for you through our Backpack Newsflash. We would like to know about your project, whether you need more volunteers or not. **We are able to obtain MLK t-shirts through the Delaware Valley MLK Committee** so send us your volunteer count ASAP so we can include you in our order! We must process the t-shirts order by the middle of November. Visit our website for some of the projects that have already been scheduled and for listing your project, contact us at vlacoff@dh.org or 215-489-9120.

Comcast 28/Verizon 40

7:30 pm on Tuesday & Thursday

Benefit of Positive Coaching

CB Cares Positive Coaching Award Announcement

November guests: Lucy Jones, CB Cares PCA Sponsor
Coach David Rackovan, CB South Football

On this month's Parent Connections we will discuss the benefits of positive coaching in a young person's life on and off the field. Additionally, Lucy Jones will be announcing the launch of CB Cares Positive Coaching Award which was established by her family and bestowed to CB Cares as an annual endeavor. Visit cb-cares.org to nominate a coach today!



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What Concerns You? We want to know!

Do you have concerns about being a parent or what challenges your child is facing in today's world? We really want to hear from you - sooner rather than later.

Simply visit our website cb-cares.org to take this survey.



We are located at Pine and Ashland near the Mercer Museum and the Michener Museum.

Phone:
215.340.2970 or
main@centbucks.com

CB ADMINISTRATORS Inc. has provided insurance services in Central Bucks since 1992.

We know Medicare Insurance and we can explain it to you, your employees and relatives. If the jargon, the provisions, the what you can do and what you cannot do phrases have you just a little confused and you want to talk to someone who has been explaining what it all means for almost 20 years, please call us.

We can help with:

- Individual and group medical insurance
- Life insurance
- Long Term Care

CB Administrators Inc. proudly supports CB Cares' mission to help our children become caring, competent and responsible members of our communities. After all, won't they be us eventually?